

## Resilient Faith: A Study of 1 Peter

### Weekly Work + 90-Day Bible Reading Plan | March 29

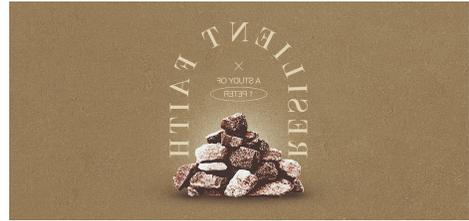
#### Introduction

We want to be a people who have a resilient faith. Throughout this series, our goal is to help us appreciate the unshakable salvation we have in Christ, embrace our treasured identity as God's chosen people and learn what it means to live holy and hopeful lives—even in the face of trials.

**So, let's continue through 1 Peter AND our reading of the New Testament!**

#### Read 1 Peter 5:6-14.

1. Verse 6 contains a “therefore,” so look to see what it is “there for”! What is Peter referring to in the previous verses that impacts our understanding of verses 6 and following?
2. The word for “cast” in “cast your anxieties on him” is the same word used to describe how people “cast” their garments in front of Jesus during the Triumphal Entry. As we enter into Holy Week, how does that image of taking off our protective garments and throwing them at Jesus’ feet help you grasp what casting your anxieties on God could look like?
3. How are humility and anxiety connected? Why might Peter be linking these two concepts? Are there ways in which humility and anxiety cannot coexist? Meditate on what God might be showing you regarding humility as a prerequisite for casting your anxieties on Him.
4. What practices or behaviors or attitudes in your life help or hinder you from being alert and sober-minded?
5. Look again at verses 8-9. How does knowing that you belong to a family of believers help you stand firm in the midst of suffering?



6. Reflect on any hardship or suffering you are currently facing. Are you facing it in isolation or in Christian community? How does your connection (or lack of it) shape your suffering?
7. Read verses 10-11. How do you respond to suffering in this life being described as something that lasts for a “little while”? How does reflecting on the promise of future restoration and glory encourage you now?
8. What stands out to you from the way Peter concludes his letter (verses 12-14)?
9. Look back over the letter. What verses spoke to you most? What lessons has God taught you in your study of this book?

### **New Testament Reading Plan**

This is the last week for the New Testament Reading Plan. For those of you coming to the end of this journey, well done! Below is the reading plan for our journey through the New Testament. Each day, set aside a few minutes to read through the text. The goal isn't to solve every riddle or answer every question. The goal is simply to pour God's Words into your mind and heart! After each day's reading, reflect. Use the following questions to help you do so:

- How are you coming to today's reading?
- What stood out to you or resonated with you?
- How does today's reading apply to your life?
- What impact has this reading experience had on your faith?

After you've finished reading, move to the prayer portion of your weekly devotions to finish your time. Here's the reading for this week:

Day 1: Revelation 1–3, Psalm 138

Day 2: Revelation 4–7, Psalm 139

Day 3: Revelation 8–11, Psalms 140–142

Day 4: Revelation 12–14, Psalms 143–144



Day 5: Revelation 15–16, Psalm 145

Day 6: Revelation 17–19, Psalms 146–148

Day 7: Revelation 20–22, Psalms 149–150

## Pray

Based on your time in God’s Word today (either in 1 Peter or in the New Testament), write a prayer to the Lord. Share with him your questions, what resonated, where you feel challenged, where you’re hoping to grow, where you experienced resistance or difficulty in reading, etc. Use the space below to write your prayer.