



Group Discussion Guide: Rhythms | May 15, 2022

Spirit-Led Life

Open your time together with a question to catch up on each other's weeks (15 minutes).

Ask, "What have the highs from your past week been? What have been the lows?"

Once you've finished catching up, take a moment to still yourselves. Then, have someone pray over your time together.

Read Scripture, go over the sermon, and share your thoughts and reflections (45 minutes).

- What challenged you from this sermon? What resonated?
- Before Sunday's message, how would you have defined living a Spirit-led life? Did your definition change after learning more this week?
- **Read Galatians 5:13-16 and Matthew 20:28.** In your own words, what is the connection between a Spirit-led life and service to others?
- In his message, John helped us understand some of the indicators of a spirit-led life by asking, "Have we forgotten what it means to be led by the Holy Spirit of God into servanthood? Have we forgotten that in the church, the family of God, we have no higher calling than to serve one another in love?" Who in your life embodies servitude and exemplifies a spirit-led life?
- How did Jesus model a life of counter-cultural servitude? List some examples.
- In his sermon, John mentioned four things that will help us to be led by the Spirit into living as Jesus lived: (1) Recognize our own selfishness; (2) Understand the Godly alternative to our selfishness; (3) Commit to a new attitude; and (4) Surrender to the leading of the Holy Spirit. Which of these resonated with you most?
- At the end of his message, John challenged us to consider these questions: (1) Is there someone you need to talk to about Jesus this week? (2) Is there someone to whom you should minister this week? Have you considered how you might apply these two questions practically?
- What's one way you can be more attuned to the Holy Spirit's voice and guidance this week?



Split off into gendered accountability groups (20 minutes).

This is a safe space to share what you're going through in a more intimate setting. Feel free to take turns going through questions like the ones below. You may find there's only enough time for one or two questions, so pick one or two that you feel like are pertinent for your group OR create your own accountability questions. Once everyone has shared, have someone pray for the group.

Questions to ask:

- How are you...*really*...as of late?
- How is your marriage? How is your relationship with your children?
- What intimidates you about living a Spirit-led life? Do you have any habits that prevent you from living as Jesus lived?
- Is there anything you'd like to confess and share with the group?
- Have you ever felt inconvenienced by the Holy Spirit's promptings?
- How is your time in God's Word? In prayer?

Finish with intercessory prayer (10 minutes).

Finally, like each week, finish your group session with prayer. You might designate someone in your group to write down everyone's prayer requests and then send them to the whole group for everyone to be praying about through the week.

- What is on your heart that you need prayer for?
- Who in your life needs prayer?

Have someone close in prayer.